SUNFLOWER BUDS
S D PUBLIC SCHOOL PITAMPURA

CLASS- LKG
MONTH - SEPT-OCT 2026

THEME- IMPORTANCE OF HEALTHY FOOD

1 LANGUAGE

Circle Time
- Discussion on Healthy and Junk Food.
- Discussion on Days of the week
- Speak for a minute

LISTENING & SPEAKING
- Free Conversation
- Rhymes and Stories
- Show & tell activity

2 NUMERACY

Pre Number Concept
- Introduction of Shapes- Triangle

- Revision of Numbers 1 to 5
- Introduction of Numbers 6 to 8
- Excercise related to Number (1 to 8), missing Number count and Match , Count and write

3 ENVIROMENT AWARENESS & GK

- Fruits and Vegetables
- Importance of Heatlhy and Junk Food
- Festival & Gandhi Jayanti
- Questions related to Fruits and Vegetables

4 SPECIAL DAYS

- Teacher's Day
- Dussehra
- Gandhi Jayanti
- Grand Parents Day
- Gratitude Day
- World Animal Day
- World Food Day

5 ENGLISH

- Introduction of Letter e,f, g, h, i, j, k, l, m, n, o
- Exercise related to letter a to h
- Reading of Pages (a-o) from English Reading Book

7 FINE & GROSS MOTOR SKILL ACTIVITIES

- Jump on Number 1 to 10
- Clip Activity
- Clay Activity
- Patterns with block

8 LEARNING BEYOND

- Buddy grouping
- Enactment (fly as a bird)
- Hop as rabbit

9 VALUES DEVELOPMENT

- Festivals are symbol of love
- Importance of Food
- Feeling of Togetherness
- Sharing and Caring

10 VOCABULARY WORD

- Junk Food
- Healthy
- Peel, Cut, Chop
- Seed Less

11 CRITICAL THINKING

- What happens when you eat too much candy?