

ACADEMIC PLANNER (2019-20)

Class -XI

PSYCHOLOGY

Month/Working days	Content	Homework/Assignment	Practical Work
July (26 Days)			
1-15 (12)	Unit-1 Introduction to psychology	Short answer questions	Activity- 1.1 and 1.2
	Nature of psychology; Basic concept; Evolution of psychology; Psychology and other discipline	NCERT questions	
	Linkage across psychological processes	Class test	
16-31(14)	Unit-7 Human Memory Nature of Memory, Information Processing approach, Levels of Processing, Nature and causes of forgetting, Enhancing Memory.	Review question Prepare some Memory games	Activity – Memory Game Activity – 7.2 from book Practical 1 - Memory
	Unit-9 Motivation and emotion Motivational process, biological and psychosocial Needs.		
August (23 Days)			
1-15 (10)	Unit-9 Motivation and emotion Emotions and Theories of Emotions. Unit -2 Methods of psychology	NCERT questions and practice of extra questions,	
	Goals of psychological Enquiry, Observation, Experimental		
	Co-relational study; Analysis of data	review Questions	
16-31 (13)	Unit-2 cont...		
	Ethical issues in psychological assessment	MCQ and Quiz	
	Unit-6 learning		Activity 6.3 from book
	Nature of learning, learning curve; paradigms of		

	Learning		
September(23 Days)			
1-15 (10)	Unit – 6 Learning contd... Skill learning, cognitive learning, disability, Application of Learning Principles. REVISION	Review questions	Practical – 2 Learning
16-30 (13)	HALF YEARLY EXAMINATION		
October(17 Days)			
1-15 (06)	Unit-3 The bases of human behavior	Assignment on nervous system	Quiz on brain and endocrine glands
	Evolutionary perspective on human behavior		
	Nervous system and endocrine system		
	brain and behavior, role of neurotransmitter in Behavior		Activity 3.3
16-31 (11)	Unit-3 Cont.....	Review question	planning MCQ on chp 3
	The endocrine system, heredity, cultural basis of Behavior	Revision of previous chapters	
November(24 Days)	Unit-4 Human development		
1-15(11)	meaning of development	MCQ and long answer question	Role play for opposite Gender reflect on your experience and note others reactions to your behavior
	Factors influencing development		
	Contexts of development		
	Overview of development stages	Take a concept	
16-30 (13)	Unit-4 Human development cont...	Assignment Question	
	REVISION	revision exercise	
December(24 Days)			

1-15(11)	Unit-5 Sensory and Perceptual processes	NCERT questions	
	Nature and Varieties of stimulus, Sense modalities.		
16-31(13)	Unit-5 Sensory and Perceptual processes	Assignment of short question	Practical -3 Illusion
	Attentional processes, Perceptual processes	answers	
	Principles of perceptual processes.		
	Perceptual constancies, illusions.		
January(14 Days)			
1-15 (NIL)			
16-31 (14)	Unit-8 Thinking	Assignment of short	Activity from chapter
	Nature of Thinking, processes of thinking	and long questions	
	Problem solving, decision making, creative thinking.		
	REVISION	sample Questions	
Feburary (23 Days)	FINAL EXAMS		