

ACADEMIC PLANNER (2019- 2020)**SUBJECT: Self Awareness****CLASS- 5**

DATE	TOPIC	ACTIVITY
APRIL 1 TO 15 (11 DAYS)	L-1 A Being Confident Value Learnt- Be confident and believe in your potential	Listing the qualities that makes you unique Poem Recitation
APRIL 16 TO 30 (11 DAYS)	L-2 Being Independent Value Learnt- Independence is freedom with responsibility	Listing the things that can be managed by yourself Class Discussion
MAY 1 TO 15 (11 DAYS)	L-3 Setting a Goal Value learnt- Setting a goal is key to success	Diary entry on setting small goals and measures to be taken to achieve those goals Listing steps to be successful
JULY 1 TO 15 (12 DAYS)	L-4 Listen to your Inner Voice Value Learnt- Your conscience is your best guide. It tells you what is right and what is wrong	Poem Recitation Story Writing (concluding the story) Inner Voice of a true friend
JULY 16 TO 31 (14 DAYS)	Revision for UT-1	
AUGUST 1 TO 15 (10 DAYS)	L-5 Be Kind and Helpful Value Learnt- Humility is a virtue that makes us a better human being	Class discussion on how to be kind and helpful in different situations
AUGUST 16 TO 31 (13 DAYS)	L-5 Be Kind and Helpful (Contd.)	Story Narration
SEPTEMBER 1 TO 15 (10 DAYS)	L-6 Being a Girl Value Learnt - Gender Equality	Slogan Writing on 'Girl Education'
SEPTEMBER 16 TO 30 (13 DAYS)	Term 1 Exams	
OCTOBER 1 TO 15 (06 DAYS)	L-7 Being Social Value Learnt- Sharing , mingling with people ,helping and being good citizen	Poster Making/ Picture pasting describing social responsibilities
OCTOBER 16 TO 31 (11 DAYS)	L-7 Being Social (Contd.)	Class discussion on one's social responsibilities in different situations
NOVEMBER 1 TO 15 (11 DAYS)	L-8 Be in Control Value Learnt- Make your anger so expensive that no one can afford it	Practicing 'PRANAYAM' for self control Listing positive things of your 5 friends
NOVEMBER 16 TO 30 (13 DAYS)	L-9 Make your Environment Beautiful Value Learnt- Reduce your needs and Reuse what you have	Observing 'Cleanliness Week' in school Poster making on the theme Save Water
DECEMBER 1 TO 15 (11 DAYS)	L-10 I love my Country Value Learnt- Unity is our Strength and it makes us a powerful nation	Listing things that you like of your country and the things you would like to improve
DECEMBER 16 TO 31 (13 DAYS)	L-11 People who made a difference- Sardar Vallabh Bhai Patel Value Learnt- Be Strong and Organised	Collage Making Theme- 'Heros of our freedom struggle'
JANUARY 16 TO 31 (14 DAYS)	L-12 Working for Peace Value Learnt- Peace and Brotherhood	Collecting information on 'Nobel Peace Prize Winners' like Kailash Satyarthi and Malaya Yusufzai
FEBRUARY 1 TO 15 (12 DAYS)	Revision for Annual Exams	