

## Some Every Day Tasks:

- Clean your room and keep it neat and tidy.
- Help mom in the kitchen.
- Lay the table
- Go out with mom and dad walk, jog and exercise and keep fit.
- Be creative do some drawing and painting.
- Buy a skipping rope and hoola hoop learn to skip, twirl and swirl and impress your friends.

## **General Instructions-**

- Use a separate scrap book for the holiday's homework.
- Take help from your text book, newspaper, magazines, internet etc. for information.
- 1. Collect information and paste pictures of the following in a scrap book according to your Roll No.
- Roll No. 1 to 17 Himalayas
- Rollo No. 18 to 36 Northern Plains of India
- Roll No. 37 to 49 Sahara Desert
- 2. On an A-3 size sheet, list the first aid treatment to be given in different situations with pictures. (Refer L-4)
  - i. Treating a burn
  - ii. Dehydration
  - iii. Bleeding Nose
  - iv. Animal/ Insect bite
  - v. Sprain
- 3. Learn and revise the work done in class for assessments to be conducted after vacations.

